



desk.coach®

Award-Winning Workplace Wellbeing Solution.



Early Intervention

Addressing the root cause,
no band-aid solutions.



Nudge Technology

Driving informed healthy
habits for better performance.



Evidence-based

Designed by experienced
Allied Health Professionals.



No Added Effort

Adopt manageable health
habits within work routines.

Disrupt Deskbound Workplace Risks

desk.coach® is an early intervention tool for managing workplace risks and building employees' health through compound benefits. Our approach empowers teams to develop stronger physical and mental health habits through micro changes in routine.

Secure & Private

desk.coach® technology is intentionally designed to minimise cybersecurity and privacy risks. Our approach to data security is simple: we don't collect your personal data. This ensures both your business and your people can place their trust in us.



Get A Free Demo!



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Also recognized as 2024 Finder Awards Innovation Champion - Finalist and B2B Innovation - Finalist.